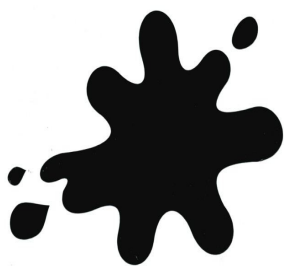
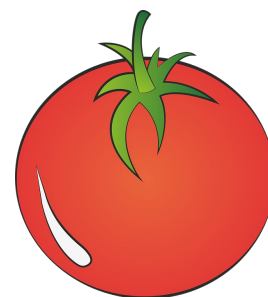


# The Southern Girl's Guide to Laundry Stain Removal



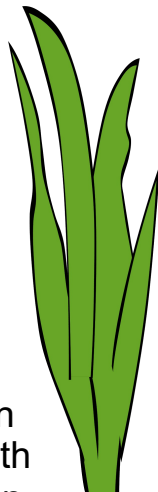
**Ink or Paint:** Soak stain with rubbing alcohol for 30 minutes, then wash.



**Tomato based:** Soak stain with white vinegar and immediately wash in cold water.

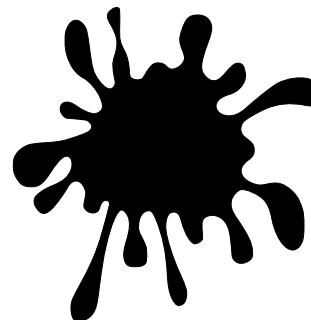


**Coffee or Tea:** Immediately soak stain in hot water. For a dried stain, scrub with a paste made of water and Borax, then wash immediately.

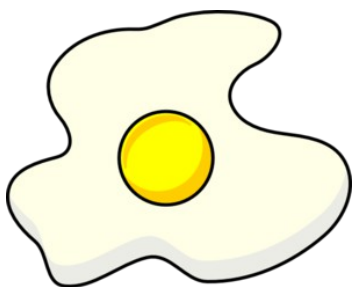


**Grass:** Soak stain in a 50/50 mix of water and hydrogen peroxide for 5 minutes. Scrub with a bit of dish soap, then wash.

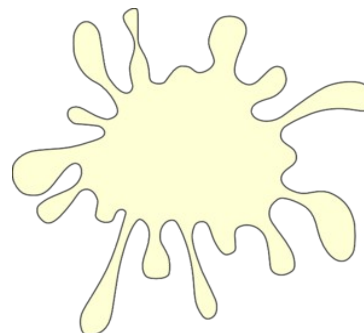
**Wine:** Soak stain for 15 minutes in a 50/50 mix of water and hydrogen peroxide, then wash.



**Oil or Grease:** Cover stain with baking soda and let sit 3 minutes. Soak in undiluted white vinegar for 3 minutes, scrub with dish soap, and then wash immediately.



**Protein-based stains like vomit, feces, egg, glue, gelatin, urine or blood:** Soak in cold water for 30 minutes, then wash with cold water. Add ½ cup baking soda and ½ cup hydrogen peroxide to the washer.



**Dingy whites:** Soak in a 50/50 mix of water and hydrogen peroxide for 30 minutes, then wash with 1 cup of hydrogen peroxide added to the wash.



*This Southern Girl Can!*